



Basic information in English



The challenge

The JUNUT will be organized for experienced trail runners. To participate it is necessary to get an invitation. The total length of the race will be 239 km with a positive elevation gain of 7,500 m. The JUNUT uses the well-marked hiking path JURASTEIG which runs in a constant up and down through the beautiful landscape of the Bavarian Jura. Start and finish of the JUNUT will be in Dietfurt an der Altmühl.

Participation

If you want to participate at the JUNUT you need an invitation. Please contact us and tell us something about your experience in long distance trail running. For the JUNUT 239 it is necessary to have finished a 100 Mile Ultra Trail.

Appointment

The JUNUT will take place from Friday, April 12, 2024 to Sunday, April 14, 2024. Start will be given on Friday at 09:00 a.m. in Dietfurt an der Altmühl. If we expect you to do the course faster than in 48 hours, for organizational reasons, your starting time will be at 03:00 p.m. For details please see the schedule.

For registration you have to accept our rules and also a disclaimer. Please use <https://www.deepl.com/home> or equal and make sure that you have understood the meaning. Your confirmation is obligatory before opening the registration form.

Route

The JUNUT race is difficult. Some of the participants of the past editions even say very difficult. You run by day and night. The paths are steep, narrow and rocky and in some parts even exposed. So you have to be an experienced trail runner.

Time limit

You have 54 hours to reach the finish line in Dietfurt. That's not too much for a 239 k race. The year 2018 winner of the JUNUT, Tobias Krumm, finished in 29:34 h hours and only 30 of around 100 runners completed the whole distance. There will be cut-offs in Matting, Schmidmuehlen and Deining.

Classification

There will be three classifications: **JUNUT 239 (the whole thing) and
JUNUT 170 (Finish in Kastl)
JUNUT 104 (Finish in Pielenhofen)**

Marking

The JURASTEIG hiking trail is well marked. The markings, however, are designed for a hiking in daylight and are not reflective. So we strongly recommend the use of a gps device.

Obligatory equipment

- mobile phone
- tracker (provided by organization)
- camel bag or bottles
- energy bars or solid food
- survival blanket/heat sheet
- wind cheater suitable for bad weather conditions
- long sleeved top and knee length trousers
- head lamp with spare batteries
- drinking cup or water bottle (no drinking cups shall be available at the refreshment areas)
- road-book

Strongly recommended

- gps device
- cap or bandana
- gloves
- some money for the possible purchase of food or if you need something else
- elastic bandages
- poles

Aid stations (VP)

We plan to organize 12 aid stations, as well as a drop-bag service for Matting (78 k), Schmidmuehlen (138 k) and Deining (202 k). In Matting (78 k) the local firefighters will support us by bringing the participants over the Danube River by night. For details please see the schedule.

Shuttle service

For those who have to stop the race, we will organize a shuttle service running from the several aid stations to Dietfurt or to the next drop-bag station.

Numbers of participants

Max. 150 participants

Organization fee

- EURO 215,00 (JUNUT 239 & JUNUT 170)
EURO 140,00 (JUNUT 104)
- No refund after January 30

Registration form

During registration you have to decide for your race and your individual starting time:

- JUNUT_239_Frueh = JUNUT 239, start on Friday at 09:00 h, time limit 54 h
- JUNUT_239_Spaet = JUNUT 239, start on Friday at 15:00 h, time limit 48 h
- JUNUT_170_Frueh = JUNUT 170, start on Friday at 09:00 h, time limit 39 h
- JUNUT_170_Spaet = JUNUT 170, start on Friday at 15:00 h, time limit 33 h
- JUNUT_104_Frueh = JUNUT 104, start on Friday at 09:00 h, time limit 23 ½h
- JUNUT_104_Spaet = JUNUT 104, start on Friday at 15:00 h, time limit 17 ½h

Please check out: <http://junut.de/information/> and <http://junut.de/faq/>

Make sure to understand our rules by using: <https://www.deepl.com/translator>